

IONS~LA

Creation Spirituality Community Group of the Institute of Noetic Sciences
PRESENTS



Nature
as a
Sacred
Temple.

Dance as a Living
Prayer.

With Lisa Carmichael:
IONS Community leader.



Slowdown, Listen

WHEN:
SUNDAY MORNINGS
starting DECEMBER 6

TIME:
9:45 Coffee
10-11:15 AM: Class starts

WHERE:
Serengeti West
~ Tahdi's Deck 8808 Chatlake Drive
West Hills, CA 91304

SUGGESTED DONATION:
\$10.00

MORE INFO:

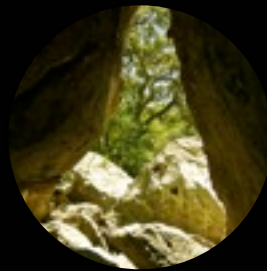
LISA CARMICHAEL
818.292.5415
LISAWAVE@GMAIL.COM

In collaboration with Tahdi

*This is an outside
class, please dress
accordingly.

We invite you to come and dance
with a community of peoples,
trees and rocks. We will be
inspired through music, birds,
heart beats, wind and waves of
silence.

Tahdi & Lisa



Feel & Dance

Lisa is a movement artist,
Biodynamic Craniosacral
Therapist, Continuum practitioner,
a lover of nature and an IONS
Community leader. She
encourages people to connect to
their natural state of well being by
slowing down, feeling and moving
from inspiration.

